



# Kim Allen

## Habit Transformation Coach

### **SPEAKER / PODCAST GUEST:** **KIM ALLEN, HABIT TRANSFORMATION COACH**

Have you ever asked yourself - "Why does \_\_\_\_\_ keep happening to me?" The reality is, that your life experiences have taught you specific thinking habits that run on autopilot. (That's right, sabotaging thought habits that you aren't even aware are happening.) Until you become aware of these saboteurs and shift your negative thought habits to constructive ones, you will continue to think and behave the same way and you will continue to get the same unwanted results.

As a Habit Transformation Coach, Kim will meet you right where you are at and guide you through your own discovery to identify the thinking habits that are holding you back from experiencing your greatest successes, joys, and happiness.

Kim uses an assessment tool that scientifically measures how you think vs. what you think. It's similar to an X-ray of your brain (but instead, it X-rays how you think) and it gives Kim a "roadmap" to guide you over the obstacles you are not even aware are holding you back.

Want to see what Kim can do for your audience or team? Invite Kim to speak with your audience or team today! Visit <https://www.power2heal.com> for more information or use the link, <https://kimpower2heal.youcanbook.me> to schedule a call with Kim.

### **5 SUGGESTED TOPICS FOR YOUR AUDIENCE**

- Your Life Experiences Do Not Define You - They Develop You
- The Foundation of Connection To Build Strong Productive Teams
- Change Starts With You - Leadership Habit Transformation
- Stop The Comparison Trap - Be The Leader Of Your Life
- Discover How The "Need To Be Right" Is Destroying Your Relationships And Dreams

### **SPEAKER / PRESENTER**

- Voices of Women Mega Summit
- Women's Entrepreneur Summit
- Wholistic Wellness Institute Seminar
- Mompreneur Break Through Summit
- The Money & Motivation Lounge

### **FREE OFFER**

<https://kimpower2heal.youcanbook.me>

### **TARGET AUDIENCE**

Professionals, Entrepreneurs, and Small Business Owners

### **CONNECT WITH KIM**

562.541.6874

[kim@power2heal.com](mailto:kim@power2heal.com)

<https://www.power2heal.com>

